



MCMC MEDITSINSKII GOROD



REGIONAL CLINICAL HOSPITAL No. 1



NEFTYANIK HOSPITAL



REGIONAL OPHTHALMOLOGICAL DISPENSARY



FEDERAL CENTER OF NEUROSURGERY
OF THE MINISTRY OF HEALTH



MAT I DITYA CLINICAL HOSPITAL

MEDICAL CLUSTER

TYUMEN, RUSSIA

We are pleased to invite you to the Medical cluster of the Tyumen region. It includes major health facilities of the region. Clustering allows to combine the abilities of the health organizations in order to provide high-tech medical care throughout the patient's treatment from diagnosis to rehabilitation.



124 000 m2



4 500 employees



1 100 doctors



2 000 beds



40 operating rooms



33 000 surgical procedures annually

GAUZ TO¹ MCMC² MEDITSINSKII GOROD³

GBUZ TO⁴ REGIONAL CLINICAL HOSPITAL №1

JSC NEFTYANIK HOSPITAL

GAUZ TO REGIONAL
OPHTALMOLOGICAL DISPENSARY

FEDERAL CENTER OF NEUROSURGERY
OF THE MINISTRY OF HEALTH

MAT I DITYA5 CLINICAL HOSPITAL

GAUZ TO is a Russian abbreviation for STATE AUTONOMOUS HEALTHCARE INSTITUTION OF THE TYUMEN REGION.

²MCMC is for MULTIDISCIPLINARY CLINICAL MEDICAL CENTER.

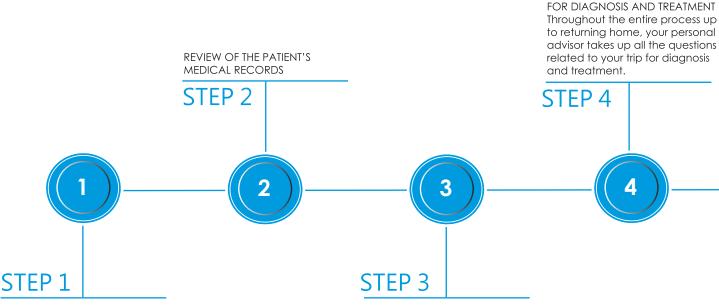
³MEDITSINSKII GOROD literally means MEDICAL CITY in Russian.

⁴GBUZ TO is a Russian abbreviation for STATE BUDGETARY HEALTHCARE INSTITUTION OF THE TYUMEN REGION.

⁵MAT I DITYA literally means MOTHER AND CHILD in Russian.

ARRANGEMENT AND CONTROL OF THE HEALTH CARE DELIVERY PROCESS FROM PATIENT'S CALL UP TO RETURNING HOME

Dear clients, for your convenience please have a look at the organization process of the health care in major health facilities of the Tyumen region.



CONTACTING A HEALTH FACILITY USING THE WAY THAT SUITS YOU BEST:

- 1) E-mail the chosen facility using the contact details from this brochure;
- 2) Apply on the website rus.clinic;
- 3) Send an e-mail to site@rus.clinic;
- 4) Request a callback on the website rus.clinic.

Our medical advisor will contact you and will ask you the following information for further process organization:

- Full name and date of birth;
- Phone number;
- Diagnosis;
- Patient's current state:
- Purpose of contacting;
- Trip planning dates.

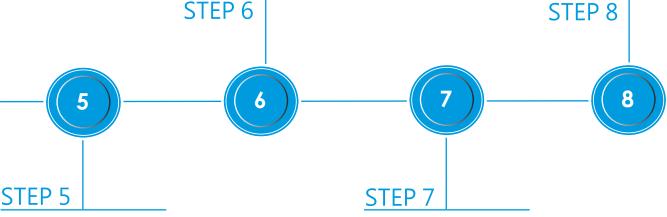
FINALI7ING

In an interview with the advisor you choose your preferred date and time of the appointment, become familiarized with prices, decide amount, type and order of the procedures. If needed, you send your checkup results, medical report and other documents to us.

TRIP ORGANIZATION

DIAGNOSIS AND TREATMENT During the initial consultation you get to know where, when and what diagnostic procedures you will have and also get recommendations on how to prepare for them. Then you follow the diagnosis and treatment plan.

POST-DISCHARGE FOLLOW-UP CARE We keep in touch with our patients even after they return home. In case of medical questions, we can contact your doctor.



PAYMENT

You sign up a contract and pay according to the plan. Additional payment may be required in case of further diagnostic procedures needed.

CONCLUSIONS AND RECOMMENDATIONS

During the final consultation with the doctor, you receive all your medical records in an understandable way, which include diagnosis and treatment results, clinical findings, test results and recommendations for further treatment and rehabilitation in a written form.

WE OFFER

- Thorough investigation of the patient's problem;
- Detailed analysis of the medical records;
- Discussion of possible treatment options;
- Help in organization of additional diagnostic procedures, treatment and rehabilitation in our health facilities or in the other ones:
- Second medical opinion in case you suspect you are incorrectly diagnosed;
- General information about prices and treatment options;
- Travel arrangement

KEY PRINCIPLES OF PATIENT CARE

- Individual approach to treatment;
- Every patient has his doctor and, if desired, coordinator and psychologist;
- Council of physicians elaborate a personalized treatment plan;
- We strive to exceed patient's expectations;
- It is important for us that every patient feels like the most important one in our center.













MULTIDISCIPLINARY CLINICAL MEDICAL CENTER MEDITSINSKII GOROD

GAUZ TO

One of the largest oncology complexes in the West-Siberian Federal District and a unique center in Russia where the latest nuclear medicine technologies are used for treatment and diagnosis of oncological diseases.

Radionuclide therapy of thyroid cancer, diffuse goiter, bone metastases and pain syndrome.
Radionuclide diagnosis: PET-CT (glucose, choline, methionine tracers), SPECT, scintigraphy in case of cardiovascular, renal, neurosurgical, endocrine and other pathology.
Radical laparoscopic, plastic surgery for cancer.
Interstitial, intracavitary, respiratory-gated conformal radiotherapy, IMRT, 3D external beam radiotherapy; close-focus X-ray therapy. Photodynamic therapy.





Endoarterial chemoembolization for cancer. Selective

intraarterial regional chemotherapy.





REGIONAL CLINICAL HOSPITAL No.1

GBUZ TO

One of the biggest medical centers in Russia. The hospital is equipped with the state-of-the art technology and its medical staff is internationally recognized. High precision diagnostics within the short term and high-tech medical care are the priority of the hospital.

Doctors of the Regional Clinical Hospital No.1 have proved themselves as professionals at:

Thoracic surgery (minimally invasive and reconstructive surgery using video-assisted techniques on trachea, bronchi, mediastinum, esophagus, including in case of cancer) Cardiosurgery, endovascular surgery (coronary angioplasty, angiography and stent placement) Minimally invasive joint surgery, endoprosthetic replacement High-tech cardiac, urologic, thoracic surgery for children Plastic, reconstructive and aesthetic surgery Transplantology: kidney transplantation (including from a relative donor), bone marrow autotransplantation















REGIONAL OPHTHALMOLOGICAL DISPENSARY

GAUZ TO

Specialized ophthalmological hospital opened in 1949. Highly qualified, with over 18 years of average professional experience, ophthalmologists attend patients of any age, provide treatment of retinal diseases, glaucoma, perform cataract, retinal detachment surgery of any complexity, eyelid surgery, including blepharoplasty, strabismus surgery, surgery for eye injury and others.

Modern quality diagnostic equipment from the best manufacturers, unique microsurgical systems, laser equipment, state-of-the-art techniques and innovations allow to solve many vision problems.

LASER VISION CORRECTION with LASIK, FEMTO LASIK, SUPER FEMTO LASIK. Nearsightedness, long sightedness, astigmatism treatment.

RETINAL DISEASES TREATMENT. Vitreoretinal surgery. Macular hole surgery with platelet-rich plasma. Angiogenesis inhibition in macular degeneration. Retinal laser coagulation for diabetic retinopathy, central retinal vein occlusion.

CATARACT TREATMENT. Laser treatment, cataract microsurgery, premium intraocular lens implants (multifocal, toric, aspheric IOLs).

GLAUCOMA TREATMENT. Laser or combined surgery using state-of-theart energetic technologies, anterior segment reconstruction.

COMBINED TREATMENT OF KERATOCONUS AND CORNEAL PATHOLOGY. Ultraviolet radiation cross-linking, intrastromal corneal ring segments (corneal implant). Penetrating and lamellar keratoplasty, plus anterior segment reconstruction.

OCULAR ADNEXAL SURGERY, including treatment of lagophthalmos, ptosis, strabismus, sclera reinforcement in myopia. Blepharoplasty.



















Multidisciplinary hospital of the Tyumen region emphasizes minimally invasive surgery techniques. Hundreds of robotic-assisted surgical procedures in oncology, urology and gynecology using Da Vinci Si system are performed annually. State-of-the-art techniques and excellent treatment results attract Russian and foreign medical tourists.

HOSPITAL SPECIALTIES:

Onco-urology. Robotic-assisted surgery and prostate brachytherapy (radioactive iodine (I-135) and cesium-131 therapy).

Urology. Percutaneous laser techniques for kidney stones, prostatic hyperplasia treatment.

Gynecology. Laparoscopic and robotic-assisted pelvic floor repair surgery.

Otolaryngology. Navigation-guided 3D techniques in surgical treatment of sinuses, lacrimal pathway and orbital surgery.

Laryngotracheal reconstruction for the treatment of stenosis.

Weight-loss surgery including the procedures of gastric bypass, sleeve gastrectomy, gastric banding and biliopancreatic bypass.

Hepato-Pancreato-Biliary (HPB) surgery. Anatomic liver resection, pancreatoduodenal resection in treatment of cancer.





sale@clinica72.ru







FEDERAL CENTER OF NEUROSURGERY OF THE MINISTRY OF HEALTH

OF THE MINISTRY OF HEALTH OF THE RUSSIAN FEDERATION (TYUMEN)

For techniques and effectiveness of surgery, Federal Center of Neurosurgery ranges among the world leaders in healthcare. There are 7 modern operating rooms, including a unique operating room equipped with CT scanner (there are only 25 of these in the world), specialized departments, such as pediatric neurosurgery, cerebrovascular, spinal, neuro-oncology, functional neurosurgery and early rehabilitation departments. The Center is particularly proud of the simulation room for neurosurgeons which is unique and no clinic in the world possesses.

Admission and Diagnostic Department ensures modern successful consultation of neurosurgeon, ophthalmologist, urologist, endocrinologist, otolaryngologist, child neurologist, pediatric physician.

SURGICAL TREATMENT OF THE FOLLOWING DISEASES:

hydrocephalus, craniostenosis, lumbosacral lipoma, brain aneurism, cranial and cervical vascular disorders, spinal stenosis, cerebral and spinal tumors, pituitary adenoma, carpal and other tunnel syndromes, hemifacial spasm, trigeminal neuralgia, pharmacoresistent and symptomatic epilepsy, Parkinson's disease, neuropathic pain and other pathologies.













MATIDITYA

CLINICAL HOSPITAL (TYUMEN)

The Mat i ditya group of companies is one of the leading private healthcare facilities in Russia. Modern equipment allows to perform surgery of different specialties such as endoscopic ENT surgery, minimally invasive endoscopic, traumotologic surgery, urologic surgery, laparoscopic surgery in gynecology and gynecologic oncology and others. The doctors of the hospital perform unique conservative surgery using endovascular techniques. Fetal medicine and surgery is being actively developed. Up to 2500 childbirths, 1200 IVF (in vitro fertilization) and 8500 surgical procedures can be done in this 6-storey hospital annually.















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