

Regional Ophthalmology Clinic, State Autonomous Healthcare Institution of Tyumen Region has been operating in Tyumen since 1949. The Clinic's specialists have performed hundreds of thousands of consultations, examinations, and micro-surgical operations since then. At present the Regional Ophthalmology Clinic is a modern centre performing more than 30 000 diagnostic tests and 5 000 operations a year.

Highly qualified and very experienced ophthalmologists provide care to patients of all ages, carry out therapeutic treatment of retinal diseases and glaucoma, perform operations of any complexity to treat anterior and posterior segment eye diseases and diseases of the ocular adnexa.

Modern and high-quality diagnostic equipment produced by the world's best manufacturers, unique microsurgical systems, laser systems, therapeutic treatment equipment, modern techniques, and the latest innovations permit solving any vision problems.



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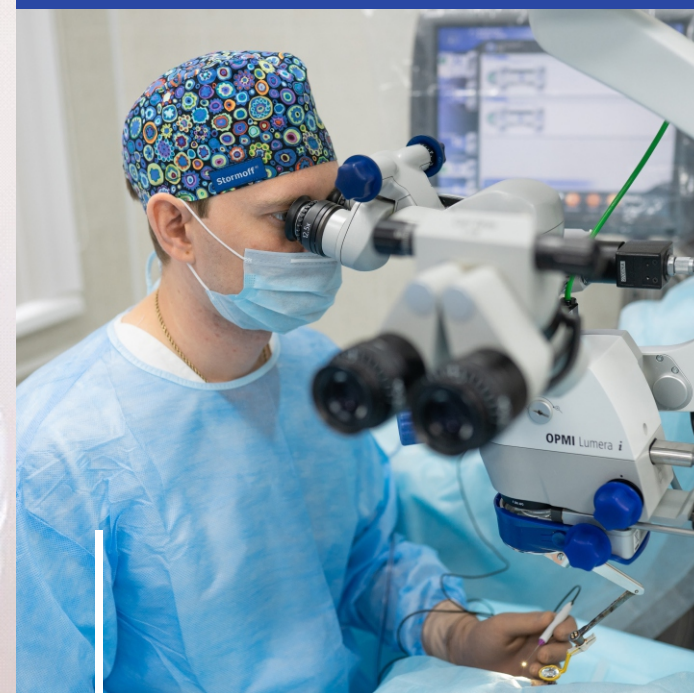


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## MEDICAL TOURISM TO TYUMEN REGION

# OPHTHALMIC HELP

The Regional Ophthalmology Clinic operates on the basis of outpatient surgery – “one-day clinic”; a full range of high-tech ophthalmic operations is performed here.

A high level of ophthalmic care attracts to the Clinic not only the residents of Tyumen City and Tyumen Region, but also the residents of other regions of Russia and citizens of other countries.



**5 000 OPERATIONS**

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There are contraindications, specialist advice is required

During the past year, several high-tech operations were introduced into clinical practice and are being improved, such as vitreoretinal surgery using 27G technology to treat disorders of the retina and the vitreous humor as well as drug injection into the eyeball (Lucentis) to inhibit abnormal neovascular growth.

Operations that are unique in Tyumen Region and are performed only at the Regional Ophthalmology Clinic include:

- surgical treatment of primary macular hole using platelet-rich plasma (PRP therapy),
- penetrating and lamellar keratoplasty, including anterior chamber reconstruction, cataract extraction, and intraocular lens implantation,
- surgical treatment of glaucoma using drainage devices (Ex-Press, Reper-NN, Ahmed, etc.). Combined surgery using modern energy technologies, anterior eye segment reconstructive operations.

**ADVANCED  
TECHNOLOGIES**



The Clinic provides a wide range of ophthalmic services:

- check-ups
- children's and adults' visits to ophthalmologists
- vision correction with contact lenses, including overnight ones
- ocular prosthetics
- comprehensive treatment of:
  - cataract
  - glaucoma
  - disorders of the retina and the vitreous humor
  - age-related macular degeneration
  - strabismus
  - keratoconus and other corneal disorders
- far-sightedness, astigmatism
- removal of neoplasms

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